

## Daily and Morning Routine

- What do you usually do in the mornings? or
- What is your morning routine?
- Do you think breakfast is important?
- What time do you go to bed?
- What time do you usually get up?
- Did you have the same daily routine when you were a child?
- Do you usually have the same routine every day of the week?
- Do you want to change your daily routine in the future?
- Do you like to get up early in the morning?
- What are you usually doing at this time?
- What's your daily routine nowadays?
- Do you do the same thing(s) every day?
- Would you say you are busy?
- (If you do not work) For you, what's the best time of day for studying?
- When do you do most of your study?
- (If you work) For you, what's the best time of day (or, day of the week) for working?
- What do you usually do after you get up (or, in the morning)?
- What part of the day do you like best? (Why?)
- What's usually your busiest time of the day; the morning, noon, or evenings? (Why?)